

## Comfort Through Christ

### Description

2 Corinthians 1:1-7

When we see someone suffering, it is human nature to try to help alleviate the pain. We try to comfort by explaining, telling a story of a similar peril we went through, or possible solutions to the anguish.

In 2 Corinthians 1, we are encouraged to share in the suffering of Christ. Unlike our human nature to explain or rationalize suffering, we are invited to participate in it and journey with Jesus. As we recognize Jesus' suffering, as we face our suffering, we are also comforted by Him as the Father of compassion and God of all comfort. The invitation to join in suffering is the way to authentic and meaningful comfort.

So when we see someone suffering, or we are suffering ourselves, we may bring comfort by sharing our life, allowing Christ to be God of our suffering and our comfort. As Christians, often, the most important thing we can do is be present with those suffering and, in our love, acknowledge the movement of the Spirit and God's significant comfort.

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