

## Forget Not

### Description

Psalm 103:1-6

We make many choices in life based on the extras that come with whatever it is we are purchasing. We consider processor speed and storage when we buy electronics. We consider deductibles when we choose insurance policies. We buy vehicles based on all the “bells and whistles” that come with driving a specific model. No matter the purchase, it only makes sense that we get the most value for our money.

Choosing wisely isn’t just a modern concept. The psalmist writes, “Praise the LORD, my soul, and forget not all His benefits—who forgives all your sins” (vv. 2-3). To those who have chosen to follow Christ, the long list of benefits aren’t a secret. It goes without saying that there’s more to following Christ than the benefits we receive. However, it never hurts to review the “policies” we have chosen.

In Christ, we have forgiveness of sin and eternal life. The Holy Spirit is our constant companion. We have peace, joy, comfort, and hope to sustain us through this life. We have direct access to God, our healer, sustainer, and provider.

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