

## Prayer Is the Answer!

### Description

James 5:13-20

Growing up, my brother and I liked to joke that the answer to any question the school nurse got was, “Here is a saltine cracker.” Does your tummy ache? Saltine. Did you get a paper cut? Saltine. Have a headache? Saltine. Broke your tibia bone? Saltine.

It’s a bit ridiculous, but felt fairly true. The school nurse was limited in what care she could provide. God, however, is not limited in the care He can provide. We know this, but what we might not know is how to access that care.

Prayer. James tells us that if we have a question, the answer is prayer. Are you in trouble? Prayer. Are you sick? Prayer. Is there a conflict? Prayer. No matter what the question is, prayer is the answer!

The best way to get to the point where you turn automatically to prayer is practice. If we want prayer to become so ingrained in who we are that we automatically turn to prayer, then we have to practice prayer.

This week set aside a time every day and practice the answer—prayer!

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### Date Created

2024/06/29