

Embrace  
Holy  
Living

# RE- FLECTING GOD

**01/28/24 - You Hold My Right Hand**

Psalm 73:21-28

Situations and emotions can be overwhelming for children to deal with at times. The child will lash out at anyone around. The person the child trusts the most may be walloped with an angry outburst.

Then, the child is calmed down. When the child sees that the trusted person still loves him or her and wants to help, the child can think more clearly. The brutish manner is set down and the child can acknowledge that the caregiver is "always" present. Being like a brute beast toward God did not chase God away. Rather, God's presence can bring calm and peace in those situations in which we feel bitter and overwhelmed.

God doesn't run off when we are overwhelmed by situations and emotions. We can turn to God when we feel scared, upset, distraught. God holds our right hand, guides us with counsel, and receives us with honor. God is the calm, peace, and assurance that can bring serenity to the storm of emotions. Hold on to God's hand today.

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