

## Teach in Love with Sincere Faith

### Description

1 Timothy 1:1-7

Most adults spend more than two hours a day on social media, according to a recent survey. It's possible to scroll through social media updates and allow our thinking to be shaped and transformed by what is seen and read there. Being formed by sound doctrine as a believer gets intermingled with "meaningless conversation" without being grounded in faith.

The answer is not to quit using social media or digital devices or smartphones. The answer lies in living out the goal of the Christian life by following the command to love. The source code for this kind of living is found in 1 Timothy 1:5: to have "a pure heart and a good conscience and a sincere faith."

Keeping one's heart continuing in the flowing stream of the Spirit's presence saturates the conscience—the moral compass of one's mind. The heart and mind are protected by a faith that is not hypocritical—one's outward speech and daily interactions reflect the Spirit of God that dwells inside. Let all of our hours belong to God, and project His glory to the world.

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