

Just Praise

Description

Psalm 145:1-6

Praise opens our hearts where life's challenges have taken their hits. Praise releases us from fighting our enemies alone or problem-solving challenges with our best ideas. Since we know the God who created this world, we know nothing is too hard for Him.

Lisa knew this in a way few others applied it. Lisa was developmentally challenged in every way but in how she praised God. She sang in the choir, but not because she sang on key. She was there to praise God. Lisa didn't know how to be still or silent when praising God. It was a whole-body activity. Awkward limbs from degenerative rheumatoid arthritis meant she couldn't raise her arms very high. However, she raised them as high as she could. And all who watched knew they reached all the way to God.

We need more lessons like that because praise tunes our hearts and focuses our minds on our only hope. Praise connects us to our God who comforts, instructs, warns, and forgives. Every day is a good day to praise God. Let's get started!

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