

Peace Through Prayer

Description

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Philippians 4:1-9

Unsympathetic armies and corrupt leaders dominated the country. Paul knew what “every situation” meant (v. 6). He also knew the followers of Christ needed this assurance. For those in the early Church, being a Christian brought worries of possible death. Paul wanted to be sure they set their minds on the right things. Whatever a person thinks determines responses and actions.

Paul instructed the Church to set their minds on whatever is right, pure, and praiseworthy. Rejoice evermore (v.4). Refuse to worry (v. 5). Rearrange your thoughts (v. 8). Receive peace (v. 9). Two diametrically opposite emotions—anxiety and peace—are addressed in these verses. Prayer transforms anxiety and brings peace. The peace of God is the inner confidence of sins forgiven and a commitment of worries and concerns to Christ.

We can bring everything to God in prayer. We bring our praises, petitions, and personal requests in that order to Him. Thanksgiving in prayer is the prescription for worry. “Put it into practice and the God of peace will be with you” (v.9).

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