

## Craving Peace

### Description

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John 14:25-31

Just like people experience physical cravings for sugar, salt, and coffee, people experience spiritual cravings. Cravings for things like love, acceptance, and peace. Our physical cravings occur when our body is missing essential nutrients like magnesium, sodium, and potassium. The problem is that just like we go to short-term fixes like pizza, potato chips, and cookies to satisfy our physical cravings, we often go to short-term fixes to satisfy our spiritual cravings.

Unlike the temporary short-term spiritual fixes offered by marketers, shallow relationships, and social media likes; Jesus provides a solution for our soul's craving that is unlike anything this world has to offer. In John 14:27, Jesus makes this promise to His disciples who found themselves anxious and craving peace.

Don't allow yourself to fall into the trap of settling for the temporary peace this world has to offer when Jesus is offering a lasting peace.

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