

## Humility: Act of Discipline

### Description

[RG AUDIO 010822](#)

James 4:1-12

At a women's conference, a lady asked, how do you practice humbleness? Hmm! That is the million-dollar question, isn't it? It is a tough answer: you practice humility by doing what you don't like. It is the opposite of what James is saying: do not fight, do not start quarrels, give up on your desires, do not covet, submit to each other and resist the devil, do not slander one another, and do not judge.

We can start from the easiest, like what kind of chores do I dislike? Doing the dishes or cleaning the bathroom, and then, we move up the list. This exercise will remind us of our attitude in life. We will deal with our inner disposition to surrender ourselves to share and give up for the sake of our neighbor, especially if we are in a place of privilege.

Taking care of the inner self is a discipline, and at the same time, a way to worship and surrender to the one who gave up all for us, our great example, Jesus!

Author: Loyda Ruiz

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