

Embrace
Holy
Living

RE- FLECTING GOD

05/19/21 - Be Encouraging

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Romans 15:1-13

Cooking relaxes me. I love to prepare brats, marinated chicken breast basted in raspberry vinegar and oil, and lip-smacking vegetables on the grill. Preparing it all is fun, except for one item on the menu. You guessed it: onions. They cause my eyes to turn red and tear up. I simply have to leave the room. But I love onions so I do an awful lot of cutting and crying. A few years ago, my daughter discovered a pair of tear-free chopping, mincing, dicing, and slicing onion goggles. They really work!

I have found in life there are a lot of things that make us want to cry. Life itself has a whole bunch of onions waiting for us. Discouragement, disappointment, heartaches, losses, and hurts are some of those onions that hurt the heart.

One of the protective pieces of heart-gear I can have and share with others is encouragement. I want to help support and give confidence along with hope to others. Christ did that for me when He came into my heart. Look around today. Who needs a pair of good goggles?

Author: Derl Keefer