

## One Trip

### Description

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Galatians 6:1-10

There are two types of people in this world, those who attempt to carry everything that needs to be carried in one trip and those who take multiple smaller trips. Usually I am a one-trip person. Whether groceries, suitcases, or boxes, I try to figure out how I can make it happen in one trip. However, if the trip from point A to point B is very long, I usually begin to question my decision. Sometimes I have to put something down, sometimes I keep forging on, and sometimes someone comes to my rescue.

It is a wonderful feeling when a heavy burden is lifted or when the weight of a heavy burden is shared. Whether that burden is physical or emotional, when that weight is not carried all on your own, it is a relief. I don't know what burden you are carrying and you don't know what burdens others around you are carrying. Today look around you for those you can help carry the burden. In doing so, you will be fulfilling the law of Christ.

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