

## Inside Out

### Description

[RG AUDIO 102820](#)

Mark 7:17-23

Sometimes we tend to focus on the “big” sins and let the “little” ones slide. The Pharisees were experts at this. In fact, they established a whole system of breaking God’s commandments. How? They believed that the problem of sin had to do only with actions. Secretly, they thought, this allowed them to indulge the sins of the heart, mind, and soul.

The commandment is “do not commit adultery.” The Pharisee said, “Who me? My actions are above reproach!” Jesus challenged their assumption. Sin does not begin with action. It begins with the heart. Worse yet, sin is born when the natural human desires that God gave to us as being created in His own image are distorted and abused, leading toward acting out.

Jesus said it isn’t enough to be sinless on the outside because that is not where sin begins. Some are stuck in a desperate cycle of committing the same sins over and over. Our actions will always correlate to what is nurtured on the inside.

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### Date Created

2020/10/28