

## Track Meets and Hailstorms

### Description

[RG AUDIO 081720](#)

Psalm 91:1-8

When I was in middle school, we were required to run track if we wanted to play any other sport. I vividly remember being at a track meet when it suddenly started to hail—golf ball sized hail. I, of course, was on the complete other side of the stadium from where there was any shelter. I made it to shelter, but not before being pelted.

Sometimes it feels as though we are constantly being pelted with hail. Life just seems to come at us unrelentingly. It can feel as though these difficulties will undo us. We are reminded in Psalm 91, that God is our shelter, our fortress. God will provide the protection we need from the difficulties of life.

That doesn't mean we will be afforded a life free of storms and hail, but it is a promise that we will not be destroyed when they come our way. There will come a day when all evil will cease. Just as God protected God's people from (most) of the plagues He rained upon the Pharaoh in Egypt, God will protect us from being destroyed in the storm.

Author: Georgia Patton

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