

Embrace  
Holy  
Living

# RE- FLECTING GOD

**02/22/20 - Through God's Strength**

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Philippians 4:10-20

The verse found in Philippians 4:13 is often assigned as a memory verse for children in church. On many occasions I have encouraged kids in my ministry to memorize. The reason is pretty obvious. We want our young people to remember that God will get them through even the greatest challenges that life can throw at them.

Paul knew all about challenges. His letter to the Philippians was written while he was in jail; he had to rely completely on others to take care of his needs. He expressed his thankfulness for the help the church in Philippi gave. Paul couches it in language that lets them know he is not expecting more from them; he is content no matter his circumstances. He reassures them that God is giving him the strength to go through whatever is before him.

God offers us the same strength. The strength of His presence and help can sustain us no matter what life brings us. Maybe this is a verse that we all should memorize, so that we never forget the God's strength can take us through everything in life.

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