

## Faster and Further Everyday

### Description

[RG AUDIO 100619](#)

1 Corinthians 15:50-58

I ran a lot when I was preparing to leave for the military. I had a friend who had ran track in high school and was now running in college. I asked her for any advice on how to get better at running. She told me, “run faster or farther every time you run.” I was running three times a week and I took her advice to heart. Each time I ran farther or faster. After a few weeks I could notice a definite improvement.

I was committed to making this work. I knew that if I didn’t get in shape, I couldn’t cut it in the military. I knew that I wouldn’t make it beyond basic training. I had a goal, a motivation, and a reward.

In the Bible, Paul likens our faith to a race. If we’re willing to work hard to meet goals here on earth, how much more should we be committed to meeting eternal goals. We need to be running faster and further than we did yesterday, last month, and last year. We need to be striving to deepen our walk with Christ. We need to be motivated for our faith more than we’re motivated for anything else.

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