

## God Will Provide

### Description

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1 Peter 5:1-11

Fear and worry can leave us looking older than we actually are and makes us a vulnerable target for the enemy. Ninety percent of the things we worry about never actually happen. Instead of jumping between fear and faith, we are to live in a place of faith, trust, and hope.

Sometimes it is helpful to write out all your worries, anxieties, and those things that keep you up at night. Write them out as a prayer to God and leave them there with God. As those worries creep back into the forefront of your mind throughout the day, say, "God, I trust you," and remind yourself that burden is in good hands.

God cares for you—really truly cares for you. God cares about the things you go through and the situations you face. You never walk alone. God will provide. It may not look like the provision you expected, but God's provision is often far greater than anticipated. Take a minute to write down your cares and concerns in a place of prayer. Write over the entire list in big letters, "God, I trust you."

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