

## Confessions

### Description

[RG AUDIO 060819](#)

1 John 1:1-10

We tend to see confession as only a part of initial salvation—that moment when we are “saved” and became a part of the kingdom of God. However, as we grow and mature, there are times when we need to confess. At times we need to confess what we have allowed to become an idol, or how we have failed to live as a fully-devoted follower of Christ. As believers we also partake in “confessions of faith,” statements what we agree with which outline our beliefs. All of these are important facets of confession.

Confession is an act that incorporates our participation in God’s work of salvation in our lives. Fredrick Buechner said that “to confess your sins to God is not to tell [God] anything [God] doesn’t already know. Until you confess them, however, they are the abyss between you. When you confess them, they become the bridge.” God’s grace draws us to God, allows us the space to confess, and the strength to repent. Allow the Holy Spirit to guide you in confessing your need of God and your declaration of faith.

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