

## Stand Firm

### Description

[RG AUDIO 052018](#)

Philippians 4:1-19

One of my most favorite places in creation is the ocean. Once we visited a beach new to us with some friends. Although we did not realize it at the time, the shore dropped off rapidly which made for some powerful waves. As one of our friends entered the water, she was knocked off her feet and did a cartwheel in the water. She emerged moments later sopping wet and covered in sand.

As Paul began to wrap up his letter to the Christian in Philippi, he encouraged them to “stand firm in the Lord.” Do not be caught off-guard and tumble through life. You may not be able to anticipate every potential problem, but you are to stand firm.

Thankfully Paul goes on to tell them how they will be able to stand firm: be of the same mind (v. 2), rejoice always (vv 4-5), do not be anxious rather pray (vv. 6-7), focus on the right things (vv. 8-9), and give freely (vv. 10-19). Standing firm in Christ is not incidental: your feet must be intentionally rooted. How are you planting your feet to stand firm in Christ?

Author: Stephanie Hendrickson

### Date Created

2018/05/20