

## Lengthy, Healthy and Wealthy

### Description

[RG AUDIO 032517](#)

Proverbs 3:1-10

Most people want to live a long, healthy, and prosperous life. Proverbs 3:1-10 lays out a three-fold plan for attaining this. As we read these wise words, we must remember that they are proverbs, not promises. They are God's direction, not His guarantee. Nonetheless, these verses help us prioritize our lives in a godly manner.

First, we are told to keep God's teachings and commands in our hearts: "They will prolong your life many years and bring you peace and prosperity" (vv. 1-2). To keep them in our hearts means to live them out every day, bringing glory to God.

Next, we are told to "fear the LORD and shun evil. This will bring health to your body and nourishment to your bones" (vv. 7-8). Fearing the Lord will make us want to shun evil and avoid countless unhealthy habits.

Finally, we are told to "honor the LORD with [our] wealth" and He will bless us abundantly (vv. 9-10).

Does your plan for living a long, healthy, and prosperous life follow God's plan?

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**Date Created**

2017/03/25