

Embrace  
Holy  
Living

# RE- FLECTING GOD

**03/16/17 - A Proactive Spirit**

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Matthew 19:16-30

Our setting is Gethsemane, ground zero for the clash of kingdoms. It is a time when Jesus wrestled with spiritual attacks. It is also a time of training when Jesus tries to teach His disciples to be proactive spiritually.

"Watch and pray," (v. 41). Jesus wasn't suggesting this to His disciples; this was His command. The Lord understands the tension existing between flesh and spirit. Jesus is very aware the only way to be victorious in our spiritual battles is to "watch and pray."

We must "watch" to be vigilant and alert for trouble and temptation. It is not a matter of if temptation comes, temptation is coming! Will we be ready? Then we must "pray." Prayer enables our spirit to discern the most devious of temptations. Prayer taps the resources of heaven, brings reinforcements to the soul who is under siege by the enemy.

These spiritual practices, "watch and pray," are a proactive prescription for conquering temptation.

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