

## Fix Our Eyes

### Description

[RG AUDIO 071916](#)

2 Corinthians 4:1-18

For years, scientists have conducted research on baseball players to better understand how they can run, track and catch a fly ball all at the same time. There are physical and neurological theories that try to explain the phenomenon, but the explanation is simply, “Keep your eye on the ball.”

Changes in our world can definitely imitate the same stress levels a baseball player experiences when attempting to make that perfect catch. It actually can appear frightening and personal when pressure, anxiety and discouragement settle in. The Apostle Paul lived in such a day. He had been “hard pressed on every side ... perplexed ...persecuted,” even knocked off his feet (2 Corinthians 4:8-9).

What can one do? Every believer must look to Jesus who will renew the inner person. He can lift the heaviest burdens and make them seem light and momentary. So, let’s “fix our eyes” on Jesus today. He alone will provide an eternal perspective.

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