

## Father Knows Best

### Description

[RG AUDIO 061515](#)

Deuteronomy 8:1-10

Yesterday I had an epic battle with my two year old. After two late nights visiting extended family, he was in the stage of emotional and physical exhaustion we call “meltdown mode.” More than anything else in the world, he needed sleep.

But I just couldn’t get him to calm down. He wanted out, up, away—anything but nap time. I tried everything in my bag of tricks: songs, stories, logic, promises, even physically holding him in the bed. Eventually this writhing, screaming, exhausted octopus yielded to my will and went to sleep.

Once he finally submitted to my way, he was asleep before I finished the second book—which is unheard of in our household. He slept for three hours and woke up happier and healthier in every way.

If God our Father knows what we need, why do we fight so hard? Much of our suffering is because of our broken world, but on occasion God is probably just trying to get us to lie down for our nap. We just need a little faith that “the LORD your God is bringing you into a good land” (Deuteronomy 8:7).

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