

## Shall We Dance?

### Description

[RG AUDIO 021415](#)

Matthew 11:25-30

There are very few people who want to be controlled. Most humans have a natural inclination toward wanting to be the one to determine their own needs and wants. Being in relationship with another person can be hard work if both people are trying to be in control. When we gain a rhythm in our mutual relationship and find commonness with each other we experience a peace in what may have once feared would be agitating.

When Christ uses the word “yoke” to express the extent to which He desires relationship with us, we may want to run the other direction. A yoke would seem to be too controlling, as if we are stuck with no way of escape. But here in Matthew, Christ reminds us that His yoke is easy.

When we take on Christ we become like Him: demanding our own control seems unimportant, aligning ourselves with Him becomes as easy as if we were professional dance partners. He leads, and we naturally follow. The result? We are at peace, and we can know rest for our souls.

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