

## Slaying the Giants

### Description

[RG AUDIO 041614](#)

Psalm 56:1-13

The boy who killed the giant was destined to be king. Goliath taunted the entire Israelite army. Yet, David approached him with confidence that seemingly matched his youth. King Saul offered his personal suit of armor for this battle. David the shepherd refused, “The LORD who rescued me from the paw of the lion and the paw of the bear will rescue me from the hand of this Philistine” (1 Samuel 17:37). His weapon was five small stones and a slingshot.

The Psalms reveal the depth of David’s dependence upon God. They offer an intimate peek into the mind and life of the man that exemplified “God’s own heart” (Acts 13:22). They give a lesson to the power of journaling our prayers.

Take a moment to reflect on times when God has delivered and protected you. Journal your thoughts and write a prayer of thanksgiving. Surrender your current fears and reclaim your trust in the Lord who has delivered you!

Next time you come face to face with the giants of life, respond with the confidence of David, “I come against you in the name of the LORD Almighty” (1 Samuel 17:46).

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