

## Nourishing Food

### Description

[RG AUDIO 072313](#)

Amos 8:1-14

Our media expresses a lot of interest in nutrition. We are encouraged to eat properly, yet people continue to drink and eat things which do not produce health. We are a malnourished society, not only physically but spiritually. Instead of feeding on the Word of God, there is “a famine of hearing the words of the Lord.”

Amos described people who knew, but did not obey, the Word of God. They trampled on the poor and turned them away. The sellers skimmed on their measures, raised prices, and mixed the grain with floor sweepings.

The Lord's judgment for ignoring the Word was severe. With a famine of bread, bread became scarce. With a famine of the Word, there was silence from God. We can live without food for a time, but physically healthy people have died when they had no hope.

When we live without nutrients from the Word of God, the decline of our spiritual strength may not be evident to others. Attacks on us that once did not cause us to pause, now cause us to stagger. Jesus is the bread that satisfies.

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### Date Created

2013/07/23