

Embrace
Holy
Living

RE- FLECTING GOD

02/21/12 - Time for a Spiritual Exam

RG AUDIO 022112Psalm 139:13-24

It came in yesterday's mail, from my dentist, "**Reminder:** You are due for your six-month cleaning." I wish my family physician would do something similar.

Christ is the Great Physician. And it stands to reason that if our physical bodies need a check-up once in a while, our spiritual lives also need an examination. If you haven't had a thorough spiritual exam recently with the Great Physician, it's time for an appointment.

We're told in Psalm 139 how to make the appointment. We're to pray: "Oh, Great Physician, search me. Shine your heavenly magnifying glass on every part of my life?inside and out. Examine my motives, my feelings, my relationships, my thought life, my conversations, what I do in my spare time, how I dress, how I treat people, my actions and reactions?everything. And if you find something that's not right, please bring it to my attention. Make me aware, and I'll commit it to you."