

Addiction or Affirmation?

Description

[RG AUDIO 013112](#) Psalm 73:13-28

There is only one addiction, but it takes many forms. The addiction is self-pity.

When our flesh and our spirit fail us because of continually feeling sorry for ourselves, we fail. If we attempt to cover up our sadness by using drugs or other masking elements, we only further compound our misery. If, however, in wisdom, we turn to God when we are downhearted, he will lift us up.

The psalmist found that his life was a waste of time, and an endless pain, before he turned to God. When he “entered the sanctuary of God” (Ps. 73:17) his eyes were opened. By affirming God’s will, rather than his own, his life took on new meaning.

Like all of us, the psalmist had to deal with his own mortality before he could more clearly see God’s plan for his immortality.

The best affirmation we each can make is to do the will of God, as the Lord’s prayer says, “. . . on earth as it is in heaven” (Matt. 6:10_b)

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