

## Victorious Rest

## **Description**

RG AUDIO 1119Deuteronomy 20:1-9

Participating in an Ironman Triathlon takes courage. Father-son team Dick and Ricky Hoyt demonstrate courage, each time they step up to the starting line.

Ricky Hoyt, born with a physical disability, spends his life in a wheelchair. He still loves doing things with his dad and that's why they decided to train for an Ironman Triathlon together. Since Ricky can't compete in these races on his own, his dad straps a raft to himself, places his son in it, and pulls his son through the two mile ocean swim part of the race. Then he picks up his son, places him on the front of the bike, and rides more than 100 miles. For the final stretch, he places his son in a jogger and runs the remaining 26.2 miles with his son smiling the whole way. Ricky has the immense privilege of sharing the victory.

Life is a lot like this. We can't do it by our own strength, but God has promised that he "is the one who goes . . . to fight for you . . . and give you victory." The Foundr

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