

## The Daily Walk

### Description

[RG081210](#)

Galatians 5:13-26

Today we will eat and sleep, work and rest, talk and walk, listen, think, and feel. We will smile and frown, perhaps even laugh and cry. It is part of our daily lives. Someone once commented, "The problem with life is that it is so daily." To follow Jesus every day involves keeping in step with the Spirit. What does it mean to live by the Spirit? What does that look like?

Spending time with Jesus is where Spirit-led living begins. Listening to him and learning from him, just like the first disciples listened and learned, is our privilege today. As we begin each day with his Spirit communing with our spirit, he prepares us for the events, encounters, and challenges of the day. His Spirit invites us to say "no" to ourselves and "yes" to Christlikeness.

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