

Embrace  
Holy  
Living

# RE- FLECTING GOD

11/11/18 - I Am Not Afraid

RG AUDIO 111118

Psalm 56:1-13

Do you remember being afraid of the dark? Were there shadows and strange bumps in the night that made you duck under your covers? The more of yourself that was covered, the more protected you felt from whatever scary that was around you. While we may not be scared at bedtime anymore, adults have their own set of things to be scared of: illness, finances, life changes, loneliness.

The psalmist is being dogged by enemies, problems, the scary things in life. The enemies are "in hot pursuit" and don't seem to be going away anytime soon (v. 1). Fear is pressing down and life might seem impossible with the endless attacks. This, however, is where trusting God changes everything: what can mortals do to me? (v. 4).

The trust and peace the psalmist experiences isn't a coincidence. It isn't something that simply happened because the psalmist believes in God. This trust and lack of fear is the result of intentionally developing a relationship with God each and every day. How are you practicing trusting God today?

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